



It's a new day.

We can help you make the most of it!

MHN's Employee Assistance Program can help you live each day to the fullest. We're here when you need us to help you with:

- » Stress and depression
- » Grief and loss
- » Alcohol and substance issues
- » Balancing work and life
- » Family, marital and relationship challenges
- » Anger management
- » Financial and legal challenges

Call us toll-free anytime:

(866) EAP-4SOC (866) 327-4762

TDD callers, please dial: (800) 327-0801

Or visit: **eap4soc.mhn.com**

(access code: soc)

We speak your language!

When you call MHN, free interpretation services are available in over 170 languages.

¡Hablamos su idioma!

Cuando llame a MHN, podrá usar nuestros servicios de interpretación gratuitos en más de 170 idiomas.

我們使用中文!

打電話給MHN時，我們可提供170多種語言的傳譯服務。

Wallet Card Here

