



Is your life flowing in the right direction?

MHN's Employee Assistance Program can help you create a calm, balanced and productive life in today's hustle and flow. We're here when you need us to help with:

- » Stress and depression
- » Grief and loss
- » Alcohol and substance issues
- » Balancing work and life
- » Family, marital and relationship challenges
- » Anger management
- » Financial and legal challenges

Call us toll-free anytime:
(866) EAP-4SOC (866) 327-4762

TDD callers, please dial: (800) 327-0801

Or visit: **eap4soc.mhn.com**
(access code: soc)

We speak your language!

When you call MHN, free interpretation services are available in over 170 languages.

¡Hablamos su idioma!

Cuando llame a MHN, podrá usar nuestros servicios de interpretación gratuitos en más de 170 idiomas.

我們使用中文!
打電話給MHN時，我們可提供
170多種語言的傳譯服務。

Wallet Card Here

